MI-COD

MSS INDIA- Case Of the Day



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Musculoskeletal Society of India (MSS) &

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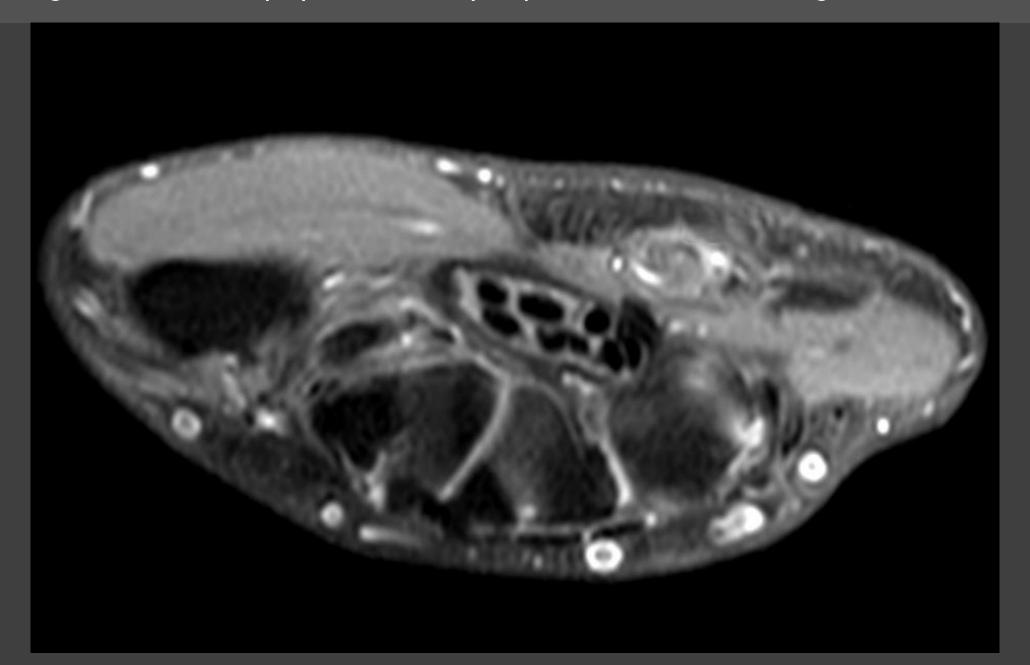


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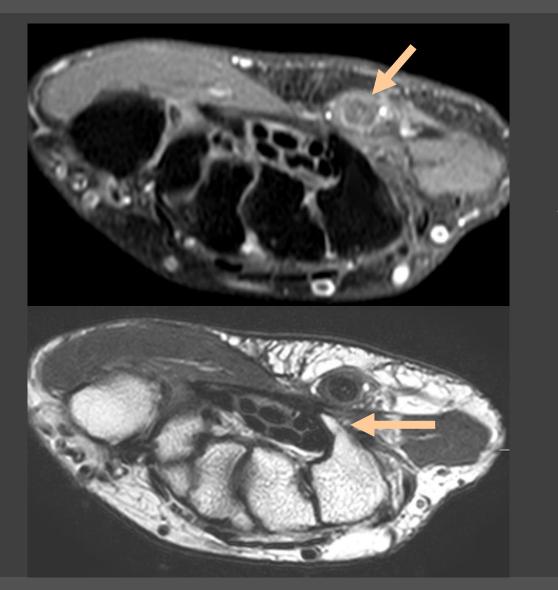




70-year-old gentleman, tennis player with history of pain and nodular swelling in left hand for 2 weeks



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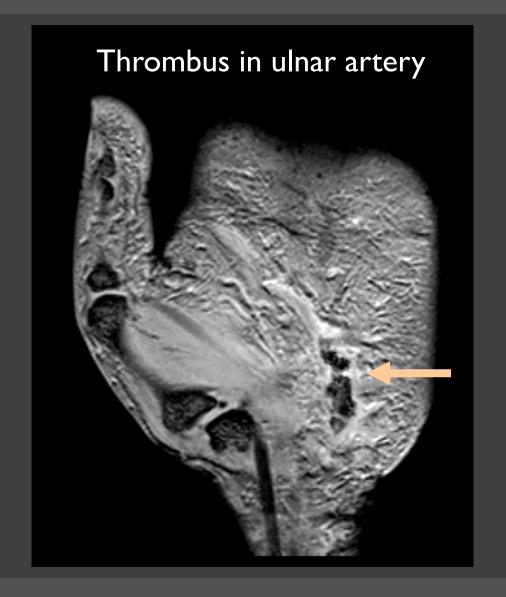


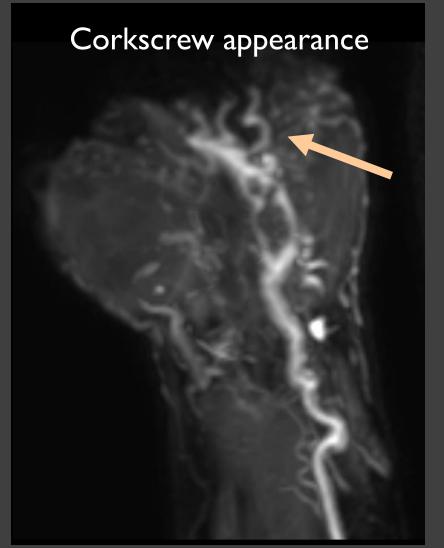
Dilated and tortuous ulnar artery with focal thickened, and irregular ulnar artery at the level hypothenar region adjacent to the hook of the hamate.

The tunica adventitia appears thickened and shows inflammatory changes with thrombus within the artery and distal reformation by collaterals.

How do you proceed further? Any additional sequence to clinch the diagnosis?

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Hypothenar hammer syndrome

Hypothenar hammer syndrome

- Hypothenar hammer syndrome occurs from trauma to the distal ulnar artery or proximal portion
 of superficial palmar arch as a result of repetitive trauma to the hypothenar eminence.
- In HHS, the ulnar artery is damaged over a 2 cm segment just distal to Guyon's canal before penetrating the palmar aponeurosis. With palmar trauma, the at-risk ulnar artery segment is compressed against the adjacent hammate and has been compared to a hammer-on-anvil phenomenon.
- MR and MRA can conclusively diagnose HHS by depicting arterial abnormalities including aneurysm
 formation and the pathognomonic "corkscrew" appearance.
- Treatment is conservative if adequate collateral circulation is present. Surgical option includes
 resection and vascular reconstruction with vein or artery graft.