MICOD –11/06/2024 Case contributor – Dr. Ankur Shah











xe: 512 x 512 x 3876 x 1868 WW: 887

> Area: 578591.9 μm² (W: 6897.2 μm H: 10681.0 μm) Mean: -33.000 HU SDev: 11.165 HU Sum: -132 HU Min: -43.000 HU Max: -21.000 HU Skewness: 0.082 Kurtosis: -2.149



Area: 3,625 mm² (W: 2.009 mm H: 2.298 mm) Mean: 11.643 HU SDev: 7.531 HU Sum: 163 HU Min: -4,000 HU Max: 23,000 HU Skewness: -0.272 Kurtosis:

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DIAGNOSIS?

INTRAOSSEOUS LIPOMA WITH CYSTIC DEGENERATION.

- The intraosseous lipoma is the most common lipogenous lesion of bone.
- Intraosseous lipoma is found most frequently in the intertrochanteric region of the proximal femur (34%), with the calcaneal intraosseous lipoma being the next most prevalent, found in 8-15% of cases.
- The high incidence of proximal femoral and calcaneal sites is considered to be a function of the relative paucity of trabecular bone in both of these locations, a characteristic that is also responsible for the "pseudolesion" appearance seen on radiographs at these sites.

• The symptoms may result from remodeling of bone due to expansion, or due to intralesional ischemia, noted to be a common pathogenetic consequence of a long-standing calcaneal intraosseous lipoma.

• Milgram devised a staging system in 1988, reflecting three clinical patterns:

- Stage 1- absence of necrosis
- Stage 2- partial necrosis and dystrophic calcification
- Stage 3- near complete/complete necrosis, cysts, calcification, and reactive new bone.

• The radiologic appearance of intraosseous lipoma depends on the histologic composition of the lesion.

• Intraosseous lipomas can contain varying amounts of fat, bone, fibrous tissue, and cystic degeneration, resulting in a range of radiographic manifestations.

- Intraosseous lipomas composed solely of fat (Milgram stage 1 lesions) are radiolucent, well-circumscribed lesions that frequently are associated with mild, focal, expansile remodeling. On MRI, the lesion is geographic, rounded, without cortical interruption, with a peripheral rim of high signal intensity on T1- weighted images. Homogeneous fat suppression should occur on fatsuppressed T2-weighted or inversion recovery-weighted images.
- In Milgram stage 2 or 3 lesions, the ossifications and calcifications may produce a distinctive radiographic appearance.



• THANKYOU