

MICOD – 10/01/2024

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MI-COD

MSS INDIA- Case Of the Day



18 yrs old girl having pain in forefoot for the last 6 mths



FREIBERG DISEASE

- **Freiberg disease**, also known as **Freiberg infraction**, is osteochondrosis of metatarsal heads.
- adolescent or young women
- pain and swelling at 2nd metatarsal head (the 3rd and 4th may also be affected).
- traumatic insult in the form of either acute or repetitive injury and vascular compromise are the most popular theories.
- Early signs are sclerosis of 2nd MT head and widening of joint space
- Later there is fragmentation and collapse
- End result is flattening of head
- May produce “loose body”