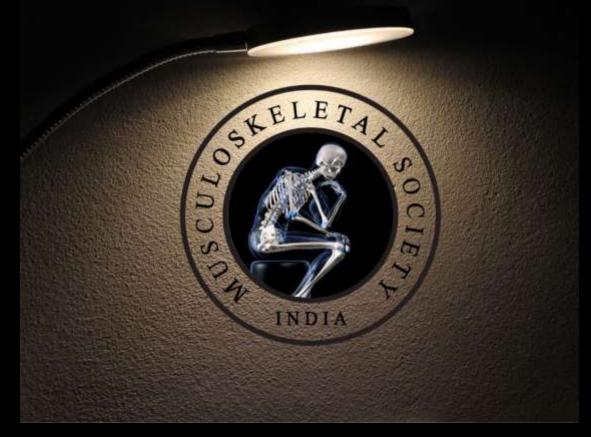
## MICOD – 10/01/2024 Case contributor – Dr. (Prof.) Vijinder Arora



MSS INDIA- Case Of the Day



## 18 yrs old girl having pain in forefoot for the last 6 mths



## FREIBERG DISEASE

- Freiberg disease, also known as Freiberg infraction, is osteochondrosis of metatarsal heads.
- adolescent or young women
- pain and swelling at 2<sup>nd</sup> metatarsal head (the 3<sup>rd</sup> and 4<sup>th</sup> may also be affected).
- traumatic insult in the form of either acute or repetitive injury and vascular compromise are the most popular theories.
- Early signs are sclerosis of 2nd MT head and widening of joint space
- Later there is fragmentation and collapse
- End result is flattening of head
- May produce "loose body"